



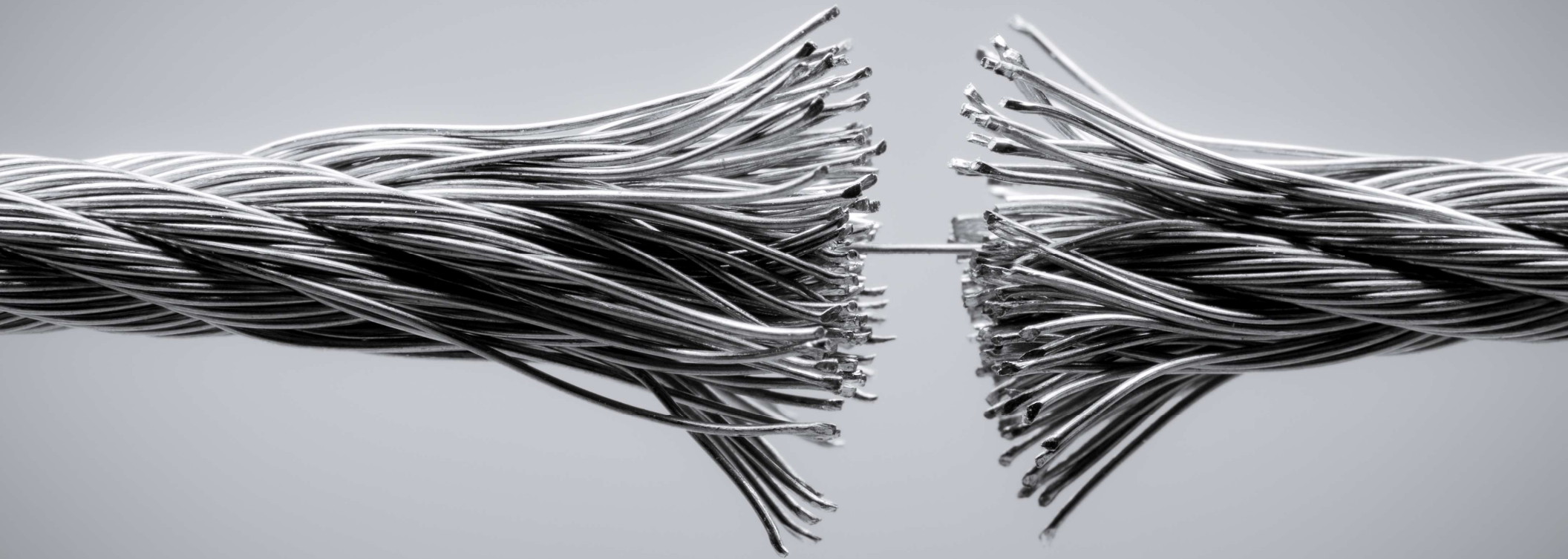
STRESS FREE FINANCES

Protecting Your Wealth and Your Wellbeing
with Nia Adams





**Type one word that
describes how you
feel about your
finances right now**



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COMMON CAUSES OF FINANCIAL STRESS

- Fear of not having enough
- Money Shame
- Lack of Confidence
- Feeling Alone
- Pressure



PERSPECTIVES

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MEET NIA: YOUR GUIDE TO CONFIDENCE AND CLARITY

- **Paid off \$57 in debt in 2 years**
- **4x author & national speaker**
- **Founder of Perspectives & The Base Foundation**

Helping women build the confidence and clarity to crush their money goals

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REWRITE YOUR MONEY STORY

Confidence-building strategies



PERSPECTIVES

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P.O.W.E.R. FRAMEWORK



Proclaim

You are the MVP of your life, equipped with resilience, power, and potential to rewrite your financial future on your terms

Welcome

By shifting your perspective and embracing knowledge, you create the space to make informed, empowered financial decisions daily.

Reinforce

True financial transformation happens when smart money moves become automatic, creating stability, freedom, and generational wealth.



Own

Your financial past does not define your future—it's time to rewrite your money story with confidence, clarity, and control.

Embrace

Taking small, intentional steps toward financial goals builds momentum, turning hesitation into lasting confidence and success.

The P.O.W.E.R.™ Framework is a proprietary model developed by Nia Adams, Perspectives Professional Solutions, LLC.



A photograph of three silver trophies, likely the Vince Lombardi Trophy, arranged diagonally on a blue background. The trophies are highly reflective and feature ornate handles. A teal banner is overlaid on the right side of the image.

PROCLAIM

OWN

COPING TOOLS THAT WORK

**MICRO VS MASSIVE
FINANCIAL = EMOTIONAL
GIVE YOURSELF PERMISSION
MONEY & ENERGY**

**YOUR
ENERGY IS
CURRENCY**

**SPEND IT
WELL**

**INVEST IT
WISELY**

ACTIVITY #2



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