See It, Believe It, Achieve It: Creating Your Own Financial Vision Board

Presented by:

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#### In this session, we will:

 Create a physical representation of our goals, aspirations, and intentions using a collection of images and words.

> Manifest our goals into reality by aligning our thoughts, beliefs, and actions with our desired outcomes.



## Understanding Financial Goals:

- What are they?
- Why is setting clear financial goals important?



#### **SPECIFIC MEASUREABLE ATTAINABLE RELEVANT TIMELY** Track your Set realistic Plan Ensure the Specify a effectively progress and goals that are goal serves a deadline, with specific reevaluate challenging relevant monitor along the way. targets in but progress and purpose. mind. achievable. reevaluate.



## Identifying Personal Values

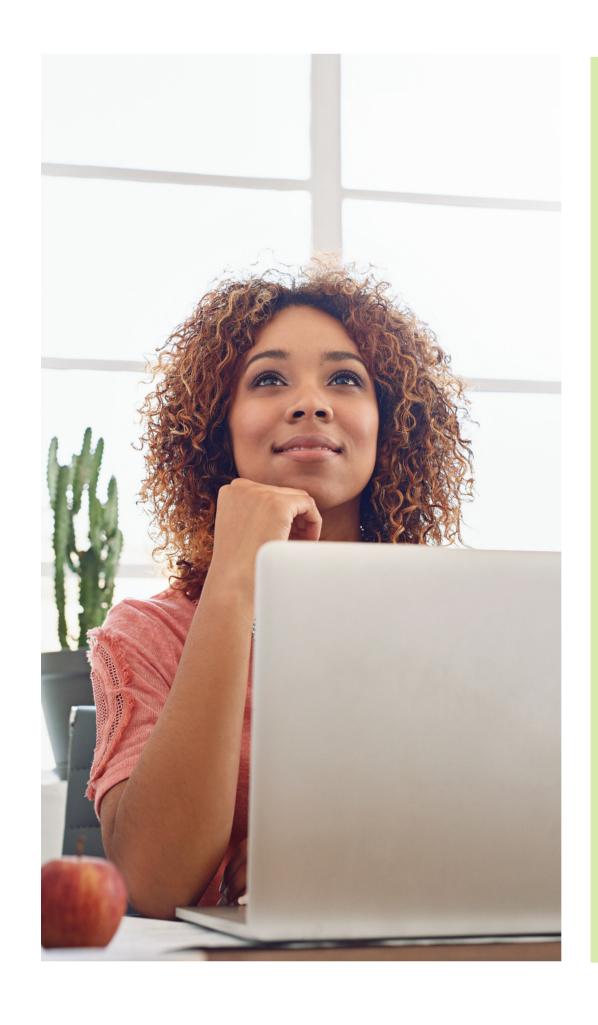
How do your personal values align with your financial goals?

Take some time to reflect on the core values you circled in your workbook and how they relate to your finances.









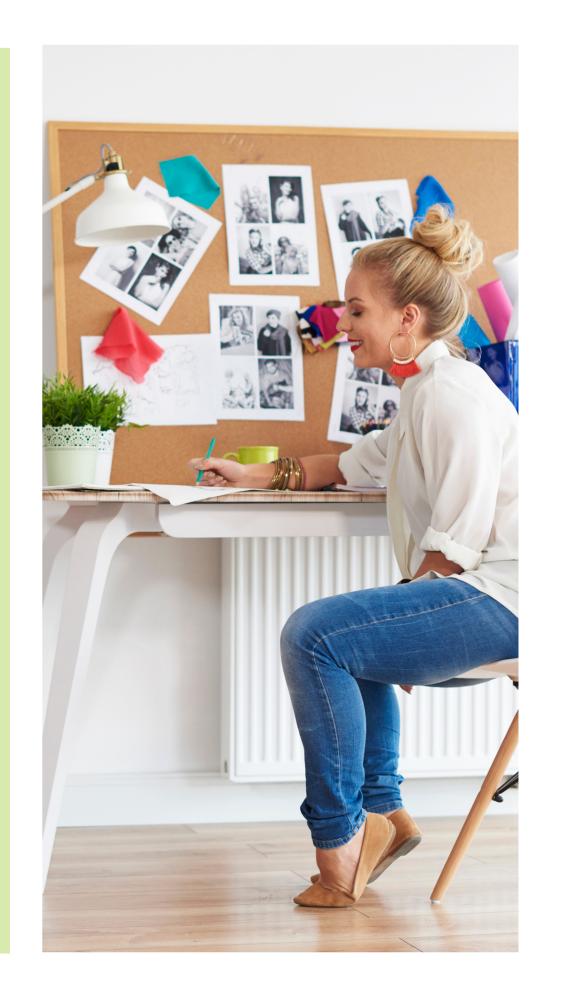
#### Visualization Exercise:

What does your ideal financial future look like?

#### **Food for Thought:**

You are manifesting everything that you are complaining about, too...

The Universe will not know whether you are PRAYING or COMPLAINING!



### Why create a vision board?

- Promotes positive thinking
- Fosters focus and motivation
- Clarifies your goals
- Reminds you of your intentions





#### **Creating Your Vision Board**

You will find these items in the center of your table:



Poster



Stickers



Magazines



**Pretty Paper** 



Scissors



Markers



Glue



Affirmations



"The most difficult thing is the decision to act, the rest is merely tenacity."

- Amelia Earhart

## Reflective Exercise:

At your table, share one word describing how you feel after creating your vision board.







# Thanks for attending.

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