

Financial Wellness Resources

Financial Success At Work seminars & webinars

Because your organization participates in Virginia Credit Union Financial Success At Work, our team can offer online webinars or come to your location and present free personal finance seminars on relevant topics.

Adulting 101: Smart Choices to Succeed in Your Finances Workshop

This interactive workshop covers money management principles and the financial challenges facing young adults. The session includes an in-depth look at managing cash flow, understanding student loans, and building a savings and investment plan.

Aligning Money and Values

This seminar helps participants define and align personal values to their financial choices.

Building a Better Budget (Workshop)

Get practical advice for creating and sticking to a budget with tools to track spending and establish savings goals.

Drive Away Happy

Learn how to make smart car-buying decisions and get tips for negotiating the purchase of a new or used car.

Financial Conversations for Couples

There is no "right" way to handle your finances, but most successful couples learn to combine different money management styles into a healthy financial life together. In this workshop, you'll develop a joint money strategy that incorporates your individual goals and values.



Request a visit from our team!



Ask your company about inviting us for an on-site visit or seminar.

Homebuyers

Get answers to your questions and learn about buying and financing a home.

Home Sellers

Find out how to get the best price for your home in the shortest amount of time. Learn about the home selling process and pitfalls to avoid.

How to Read Your Credit Report

Learn how to access a free copy of your credit report and the importance of reviewing and understanding the report. Take a sample credit report and discuss its various components in detail.

Identity Theft

Learn how to minimize your risk and what to do if you ever become a victim.

Keys to Confident Home Financing

This session helps you understand the mortgage process and become better prepared when buying a home.

Money Goals (Workshop)

Learn practical strategies to set and meet financial goals.

(Continue on reverse)





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Managing Your Checking Account with Confidence

Learn helpful tips on how to manage your checking account. Topics include expense tracking, online services, ATM rebates, and ATM fees.

Organizing Your Financial Records

Save time by getting and keeping financial records organized. Learn what records to keep, what to keep handy in case of a natural disaster, and how to take a home inventory.

Psychology of Spending

Take an in-depth look at how the media, advertising, family, and personalities impact the way we spend our money.

Rebuilding After a Financial Crisis

This session will provide you with tools and strategies to rebuild after a financial crisis.

Strategies for Eliminating Debt

Learn how to reduce consumer debt with specific examples and strategies.

Taking Control of Your Money (Workshop)

Discover effective strategies for saving money, managing spending, and improving your credit. Set personal financial goals to gain peace of mind and greater control.

Your Credit Score

Learn strategies on how to build, manage, and maintain a great credit score based on your goals.

