

## Checklist of Personal Values

### What do you value most?

From this list of values (work/personal) select 10 most important to you as a valued way of life.

Feel free to add values of your own to this list.

Value	Value	Value
Achievement	Excellence	Nature
Accuracy	Excitement	Optimism
Accomplishment	Fairness	Orderliness
Accountability	Fame	Peace
Advancement / promotion	Family	Personal growth
Adventure	Fast living	Freedom
Affection	Freedom	Persistency
Ambition	Flexibility	Physical challenge
Authority	Friends	Pleasure
Arts	Fullfillment	Power
Balance	Fun	Privacy
Caring	Friendliness	Public service
Challenge	Generosity	Purity
Change	Gratitude	Quality
Close relationships	Growth	Quality relationships
Collaboration	Happiness	Recognition
Community	Harmony	Religion
Compassion	Health	Reputation
Competence	Helping	Respect of others
Competition	Honesty	Responsibility
Confidence	Improvement	Safety
Cooperation	Independence	Security
Country	Individuality	Self-esteem
Courage	Influence	Self-respect
Creativity	Innovativeness	Serenity
Credibility	Integrity	Service
Decisiveness	Intellectual status	Sophistication
Dedication	Involvement	Spirit
Democracy	Job security	Spirituality
Dependability	Job tranquility	Stability
Dignity	Joy	Status
Discipline	Knowledge	Stewardship
Diversity	Leadership	Teamwork
Economic Security	Learning	Time freedom
Effectiveness	Liberty	Trust
Efficiency	Location	Truth
Empathy	Love	Wealth
Empowerment	Loyalty	Wisdom
Enjoyment	Marriage	Other:
Equality	Meaningful work	Other:
Ethics	Merit	Other: