

Seminars & Workshops for Adults

Building Financial Confidence

Virginia Credit Union is pleased to offer a variety of educational opportunities to help people grow more confident about financial matters. Seminars and workshops can be tailored to meet the needs of various groups and presented at your location.

Topics include the following and others are also available:

- **Building a Better Budget** (practical advice for creating a budget)
- **Strategies for Eliminating Debt** (specific examples of how to reduce debt)
- **How to Read Your Credit Report** (understanding your report)
- **Your Credit Score** (building and maintaining a great credit score)
- **Identity Theft** (how to minimize risk and what to do if you become a victim)
- **Taking Control of Your Money** (strategies to set goals and gain peace of mind)

Seminars and workshops can be offered in a variety of settings, such as outreach sessions for the people you serve, employee meetings, lunch and learn sessions and in college classrooms. Most sessions are 45-60 minutes in length.

We invite you to take advantage of these learning opportunities. I welcome the chance to talk with you about how we can meet the needs of your organization.

“Knowledge is power. When armed with knowledge to help make wise financial decisions, individuals can not only improve their financial well being but also the overall quality of their lives.” ~ Sylvia Watford



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