VIRGINIA Credit Union

Identify Obstacles Worksheet

The first step of building a budget is to identify and write down your obstacles . Use this fillable worksheet to write down your obstacles to building a budget.

Spend a few minutes and write down every obstacle you can think of that is preventing you from building a budget.

Write down 5 ways you can overcome these obstacles.

1 _____

2 _____

3 _____

4 _____

5 _____

Now that you have written down ways to overcome your obstacles, take a moment to see how you can start creating a budget. Contact us if we can help!

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